



Counseling/Guidance News

MONTGOMERY HIGH SCHOOL

Volume 8, Issue 2

November 2018

News



MHS

Montgomery360

We are in our second year of Montgomery 360, a web-based social and emotional learning program and have added the parent modules to the program. Please

Each month you will be receiving an update on what lessons are assigned to students in either their health classes or to correspond with topics we are recognizing in the building as a whole.

~Students can access the program with the free app or on the website

~For additional information, please see the [FAQ](#)



College Visits:

~We are nearing the end of our annual college visit season.

~Approximately 150 colleges visit MHS every year.

~Every attempt is made to schedule visits during unit lunch or block 4 to make them accessible to seniors.

~Process:

• Students access Naviance to sign up.

• Student prints the College Visitation page which serves as their pass.

• Students are asked to limit their visits to schools they have expressed interest in.

• It is always up to teacher discretion to allow students to attend.

• Students must make up all work from classes missed.

For all questions regarding college visits, pink cards, Naviance, etc., please contact Mrs. Cleveland (jcleveland@mtsd.us)

Upcoming Events:

Nov 12: College Series Presentation on Financial Aid 7pm in the MPAC

Nov 19: "Being an Inclusive Community" Parent Education Series presentation. 7pm in the MHS Media Center. Please submit questions for the panel in advance [on this form](#). See the [District Counseling page](#) for more information.

Nov 29: Rider University Instant Decision Day. By appointment (see website for more information).

Dec.4: College Series Presentation—Sophomores. 7pm in the MPAC.

Dec 6 & 7: Counselors will be meeting with all sophomores in History classes.

Jan 3 & 4: Junior presentations in History classes
Jan. 3: College Series Program—Juniors: 7pm in the MPAC

Jan 22 & 23: Counselors will be meeting with all freshmen during English classes to discuss maximizing the use of Naviance and choosing courses for the next 3 years of high school.

Feb. 2: Cornell Day. If you have applied to Cornell Univ., this is an opportunity to meet with a Cornell alumnus to learn more about Cornell and share a little about yourself one-on-one. Invitations will be mailed to the address you provided Cornell.

Upcoming in Feb: Registration for AP exams (not available for freshmen) and course selection for next year. Info will be sent out via eblast.

SENIORS

Make sure to submit to your Digital Pink Card for every application at least 15 SCHOOL DAYS prior to the application deadline.

Application Deadline:	Pink Card Deadline:
Nov 1, 2018	Oct 12 2018
Nov 15, 2018	Oct 22 2018
Dec 1, 2018	Nov 6, 2018
Dec 15, 2018	Nov 27, 2018
Jan 1, 2019	Dec 5, 2018
Jan 15, 2019	Dec 17, 2018
Feb 1, 2018	Jan 11, 2018
Feb 15, 2018	Jan 26, 2018
Mar 1, 2018	Feb 7, 2018

Reminders:

Please check the Guidance website for updates on scholarships and other opportunities.



Be practical as well as generous in your ideals. Keep your eyes on the stars, but remember to keep your feet on the ground

— Theodore Roosevelt

Counselor's Digital Pink Card

This form is only for seniors on _____ caseload.

Your email address (kage@mtsd.us) will be recorded when you submit this form. Not your [District account](#)

* Required

First name (as shown on your transcript): *

Your answer

Last name (as shown on your transcript): *

Counseling/Guidance News

MHS Alumni Group

- ~LinkedIn group for MHS alumni
- ~Looking for graduates of MHS to network with other alumni and let us know where they are now and what they brought with them from MHS
- ~Possible participation in an alumni panel in January for current juniors and senior

If you know a recent graduate of MHS, please ask them to email Corie Gaylord (cgaylord@mtsd.us) to join the group.

We would love to hear from recent MHS alums!



When you learn something from people, or from a culture, you accept it as a gift, and it is your lifelong commitment to preserve it and build on it.

—Yo-Yo Ma



COLLEGE Scholarships

Scholarships:

- ~Can help alleviate the burden of the cost of college
- ~Posted on the scholarship link on the Guidance webpage
- ~Scholarships are “free monies” awarded by the government, private institutions and organizations, charitable foundations, schools, universities, etc.
- ~If a scholarship program claims that you need to spend money or join their membership—**BEWARE!**
- ~Most abundant from Sept.-Feb. for seniors
- ~Encourage your child to write that extra essay; it could be well worth it!



The People Project

Our Mission: To address current trends, hot topics and relevant issues with the student body through interactive, fun campaigns!

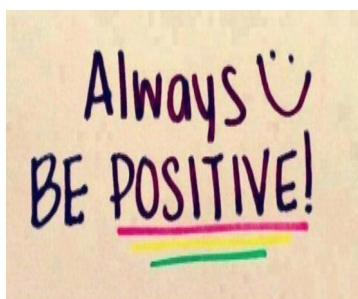
2018-2019 Members

- Marion Biondi
- Sara Curtiss
- Larissa Jimenez
- Shashaank Joshi
- Madison Kim
- Kristin Lucht
- Ben Matthew
- Nick Millett
- Rahul Nandakumar
- Olivia Perkins
- Ananya Sampath
- Mary Sisler
- Zaina Tirmizi
- Nandita Vasantha
- Tushira Venkatayogi
- Victor Xing

Start With Hello!

To kickoff the Week of Respect, the People Project initiated the “Start With Hello” campaign, sponsored by the Sandy Hook Promise. The People Project members held the doors open and greeted everyone as they entered the school during arrival and in the afternoon, during dismissal time. This made a positive impact on everyone!

...Be the difference in someone’s day...

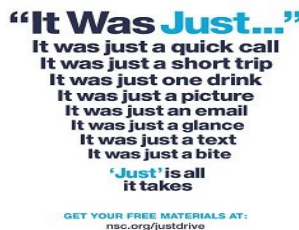


QuotesPics.net



December is National Impaired Driving Prevention Month!

Be safe and make good choices behind the wheel!



For more information and for upcoming events, please feel free to contact Christine Grossmann, SAC
cgrossmann@mtsd.us

Do you know someone struggling with addiction?

Please encourage someone you know to get help with their addiction. Research shows that addicts are most successful in their sobriety and recovery when they have encouragement, love and support!

Everyone plays a role in suicide prevention...

suicidepreventionlifeline.org
1-800-273-8255

National Suicide Prevention Lifeline

